

# JABFM.ORG JOURNAL OF THE AMERICAN BOARD OF FAMILY MEDICINE

#### VOLUME 35, NUMBER 5

#### SEPTEMBER-OCTOBER 2022

#### **CONTENTS**

EDITORS' NOTE	
Mental Health of Patients and Clinicians Before and During the COVID-19 Pandemic	883
Marjorie A. Bowman, Dean A. Seebusen, and Christy J. W. Ledford	
BRIEF REPORTS	
Psychotherapy and Psychiatry Visits in the United States: A Study of MEPS, 2017–2019	886
Michael E. Johansen and Kelsey Sicker	
Primary Care: A Critical Stopgap of Mental Health Services During the COVID-19 Pandemic	891
Jacqueline B. Britz, Alison N. Huffstetler, Tracey L. Henry, Braveen Ragunanthan, Erin Britton, Neeti Doshi, Kurt C. Stange, and Rebecca S. Etz	
The Relationship Between Mental and Physical Health and Walking During the COVID-19 Pandemic Levi N. Bonnell, Jessica Clifton, Mariana Wingood, Nancy Gell,	897
and Benjamin Littenberg	
Race and Gender Disparities Among Leadership in Academic Family Medicine	902
Mercy Adetoye and Katherine Gold	
Variation in Support for Documentation Among Primary Care Physicians by Gender	906
Lisa S. Rotenstein, Nate C. Apathy, David W. Bates, and Bruce Landon	
FAMILY MEDICINE WORLD PERSPECTIVE	
Self-Perceived Mental Health and Perceived Discrimination in Family Physicians and Residents: A Comparative Study	912
Between Men and Women	
Diana Guízar-Sánchez, María Yoldi-Negrete, Rebeca Robles-García,	

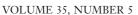
Diana Guízar-Sánchez, María Yoldi-Negrete, Rebeca Robles-García Geovani López-Ortiz, Carlos Rivero-López, Isis Castro-Valdes, Carlos Alfonso Tovilla-Zárate, and Ana Fresán Orellana

Editor Marjorie Bowman, MD, MPA Dayton, OH Deputy Editor Dean A. Seehusen, MD, MPH Augusta, GA Executive Editor Warren Newton, MD, MPH Lexington, KY Associate Editors Christy J.W. Ledford, PhD

Editorial Board

Ian M. Bennett, MD, PhD Seattle, WA Juliann Binienda, PhD Detroit, MI John M. Boltri, MD Rootstown, OH Timothy N. Crawford, PhD, MPH Dayton, OH Larry Culpepper, MD, MPH Boston, MA Jennifer E. DeVoe, MD, DP Portland, OR Vanessa A. Diaz, MD, MS Charleston, SC Nancy Elder, MD, MSPH Cincinnati, OH Joshua J. Fenton, MD, MPH Sacramento, CA Jeanne Ferrante, MD, MPH Somerset, NJ Beverly Green, MD, MPH Seattle, WA Larry A. Green, MD Aurora, CO Masahito Jimbo, MD, PhD, M Ann Arbor, MI Mark S. Johnson, MD, MPE Washington DC Rodger Kessler, PhD, ABPP Phoenix, AZ Sean C. Lucan, MD, MPH Bronx, NY Megan R. Mahoney, MD Stanford, CA Arch G. Mainous, PhD Gainesville, FL Zsolt J. Nagykaldi, PhD Oklahoma City, OK Brian J. Park, MD, MPH Portland, OR Portland, OR Donald Pathman, MD, MPH Chapel Hill, NC Sarina Schrager, MD Madison, WI Hazel Tapp, PhD Portland, OR Fric M. Woll, MD, MPH Eric M. Wall, MD, MPH Seattle, WA Imam M. Xierali, PhD Dallas, TX





SEPTEMBER-OCTOBER 2022

RD OF FAA

MU

expressed in the Journal reflect the views of the author(s) and not the official policy of the American Board of Family Medicine.

## **CONTENTS**

### Continued

ORIGINAL RESEARCH	<u>.</u>	
Burnout, Depression, Anxiety, and Stress Among Family Physicians in Kansas: 18 Months into the COVID-19 Pandemic Samuel Ofei-Dodoo, Colleen Loo-Gross, and Rick Kellerman	921	
Changes in Career Thinking and Work Intentions Among Family Medicine Educators in Response to the COVID-19 Pandemic <i>Timothy Hoff and Amber Stephenson</i>	933	
Pain Management During West Virginia's Opioid Crisis Treah Haggerty, Cara L. Sedney, Patricia Dekeseredy, Divine Nwafor, Henry H. Brownstein, Martina A. Caretta, and Robin A. Pollini	940	
Comparison of In-Person vs. Video Directly Observed Therapy (VDOT) on Stigma Levels in Tuberculosis Patients <i>Gokce Celik Kara and Bektas Murat Yalcin</i>	951	
Emergence of Gun Violence as a Patient Priority E. Marshall Brooks, Sebastian T. Tong, Alex H. Krist, and Anton J. Kuzel	961	JABFM (Journal of the American Board of Family Medicine) (ISSN 1557-2625) is published six times a year in January, March, May, July,
Improving Delivery of Cardiovascular Disease Preventive Services in Small-to-Medium Primary Care Practices Bijal A. Balasubramanian, Stephan Lindner, Miguel Marino, Rachel Springer, Samuel T. Edwards, K. John McConnell, and Deborah J. Cohen	968	September, and November by the American Board of Family Medicine, Inc., 1648 McGrathiana Parkway, Fifth Floor, Lexington, KY 40511 with printing services provided by Cenveo Publisher Services, 5457 Twin Knolls Road, Suite 200 Columbia, MD 21045. For more information please refer
The EvidenceNOW Practice Support Initiative: The Heart of Virginia Healthcare Anton J. Kuzel, Alison Cuellar, and Len Nichols	979	to the Information for Readers page. POSTMASTER: Send address changes to JABFM Subscriptions, American Board of Family Medicine, 1648 McGrathiana
Primary Care Evaluation of a Hepatitis C Virus (HCV) Screening Education Intervention Thomas Ludden, Lindsay Shade, Jeremy Thomas, Mark W. Russo, Michael Leonard, Philippe J. Zamor, Charity G. Patterson, and Hazel Tapp	990	Parkway, Suite 550, Lexington, KY 40511. © Copyright 2022 by the American Board of Family Medicine. All rights reserved. The <i>Journal</i> does not hold itself responsible for statements made by any contributor. Statements or opinions expressed in the <i>Journal</i> reflect the





VOLUME 35, NUMBER 5

SEPTEMBER-OCTOBER 2022

## CONTENTS

## Continued

Mastalgia is Not An Indication for Mammogram Ian K. Komenaka, Jesse Nodora, Maria Elena Martinez, Chiu-Hsieh Hsu, Tina Wong, Anushi Shah, and Daniel M. Caruso	998
The Impact of Telehealth on Primary Care Physician Panel Sizes: A Modeling Study Linda V. Green, Sergei Savin, Grant Greenberg, Scott Hines, Derek Lake, Michael Minear, and Robert X. Murphy Jr	1007
Outcomes of States' Loan Repayment and Forgiveness Programs From the Perspective of Safety Net Practice Administrators Donald E. Pathman, Robert G. Sewell, Thomas Rauner, Marc Overbeck, Jackie Fannell, and John Resendes	1015
REFLECTIONS IN FAMILY MEDICINE	
The Warmth of Strangers <i>Judith Volcy</i>	1026
POLICY BRIEF	
Family Physician Racial Identity: An Analysis of "Other" Race Selection and Implications for Future Data Collection Aimee R. Eden, Melina K. Taylor, Ting Wang, and Emmeline Ha	1030
COMMENTARY	
Promoting Health Equity: A Call for Data Disaggregation on Race and Ethnicity <i>Oanh Truong</i>	1032
BOARD NEWS	
Dedicated Time for Education Is Essential to the Residency Learning Environment Warren P. Newton, Grant Hoekzema, Michael Magill, and Lauren Hughes	1035